

MEN'S SIZE AND FIT GUIDE

HOW TO MEASURE



CHEST: Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

WAIST: Measure around your waistline, keeping the tape comfortably loose.

INSEAM: Measure pants that fit you well. Lay them flat, with the front and back creased smooth. Measure along the inseam from crotch to bottom of leg hem. Or, if you don't have pants that fit comfortably, measure from your crotch to your desired pant length.

SHIRTS, OUTERWEAR AND THERMAL TOPS

Recommended Size	SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE	
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Waist	28	30	32	34	36	38	40	43	45	48	51	54	58	62
Hip [Seat]	34	36	38	40	42	44	46	48	50	52	54	56	58	60

PANTS, SHORTS AND THERMAL BOTTOMS

Recommended Size	30	32	34	36	38	40	42	44	46	48	50	52	54	58
Waist Measurement All Pants & Shorts	29-30	31-32	33-34	35-36	37-38	39-40	41-42	42-44	45-46	47-48	49-50	51-52	53-54	51-61

OVERALLS, COVERALLS AND BIBS

Recommended Coverall Size	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Recommended Bib Size	SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE	
CHEST MEASUREMENT	34	36	38	40	42	44	46	48	50	52	54	56	58	60
WAIST MEASUREMENT (at largest point)	28	30	32	34	36	38	40	42	44	46	48	50	52	54

If your body measurement is:	You should order this size:	
Height	Recommended Length of Garment	Length of Coverall Inseam
5'3" to 5'7"	Short	28
5'7" to 5'11"	Regular	30
5'11" to 6'3"	Tall	32

Available in coveralls and bibs.

NOTE: If your chest and/or waist measurement falls between sizes, buy the larger size.